

Государственное бюджетное общеобразовательное учреждение  
СОШ №204 с углубленным изучением иностранных языков

# **Анорексия - опасность заболевания для нынешнего поколения**

Реализация проекта:  
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Санкт-Петербург, 2019

# Anorexia



**Eating disorders**

# Anorexia is...

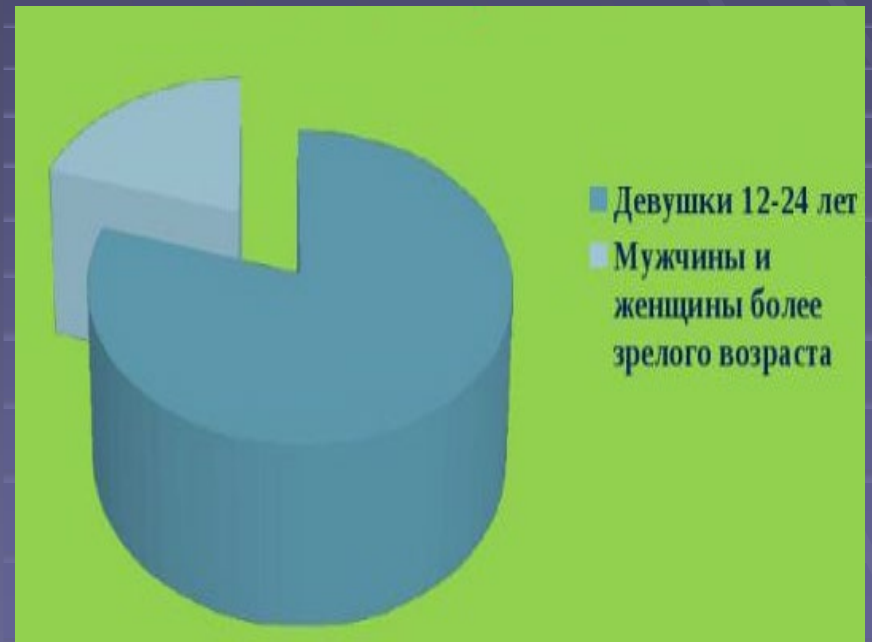
- Anorexia - complete or partial refusal of food intake. There are three types of anorexia: nervous, mental and anorexia as a symptom.
- Anorexia (symptom) - loss of appetite. This symptom is very common: it is found not only in mental illness, but also in many somatic diseases.
- Anorexia psychic - a symptom of mental illness is a disorder of mental activity poisoning.
- Anorexia nervosa is a eating disorder. It is more common in girls. In anorexia, there is a pathological desire for weight loss, The patient has a distorted perception of his physical form and there is a concern about weight again, even if this is not actually observed.

- The beginning of the XXI century was the time of slender women. It is not by chance that anorexia was called the disease of the century. Currently, most people, from 14 years old, are of the opinion: to be beautiful, you have to be thin. But sometimes people are so "addicted" that all these diets lead them to a very dangerous disease - anorexia.

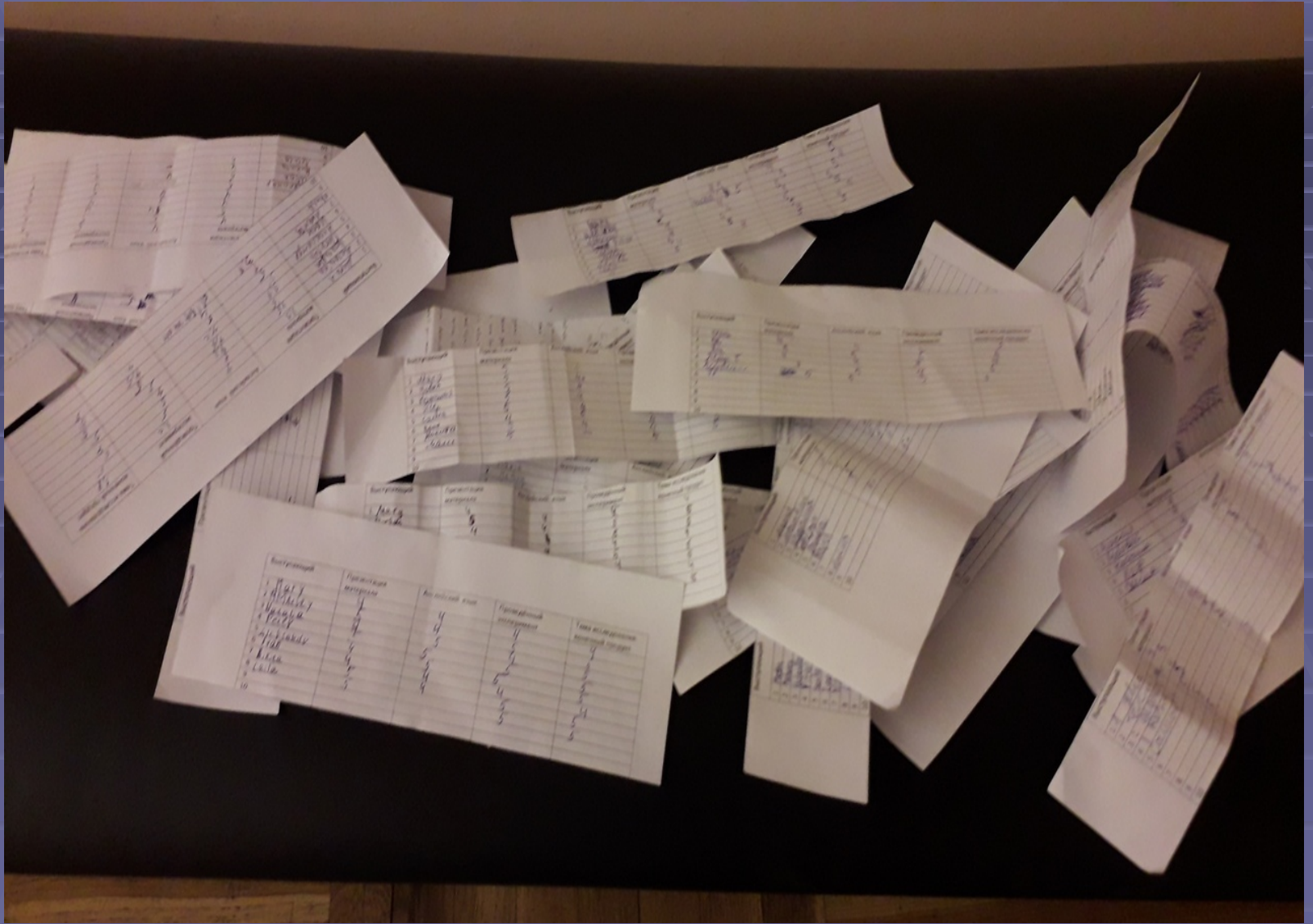


# statistics

- The prevalence of anorexia nervosa is 1.2% among women and 0.29% among men. About 90% of patients with anorexia are girls aged 12 to 24 years. The remaining 10% are people of a more mature age.



- I decided to make an experiment at my school collecting the information from the students. It turned out that the statistics at our school is quite positive: the first question was if they know what anorexia is, the second question was if they have read anything about it. Then I asked if they have ever tried to follow a strict diet and the last question was if they are ready to change a physical form knowing about terrible consequences here are the results:



7 class

8 class

81%

86%

61%

64%

23%

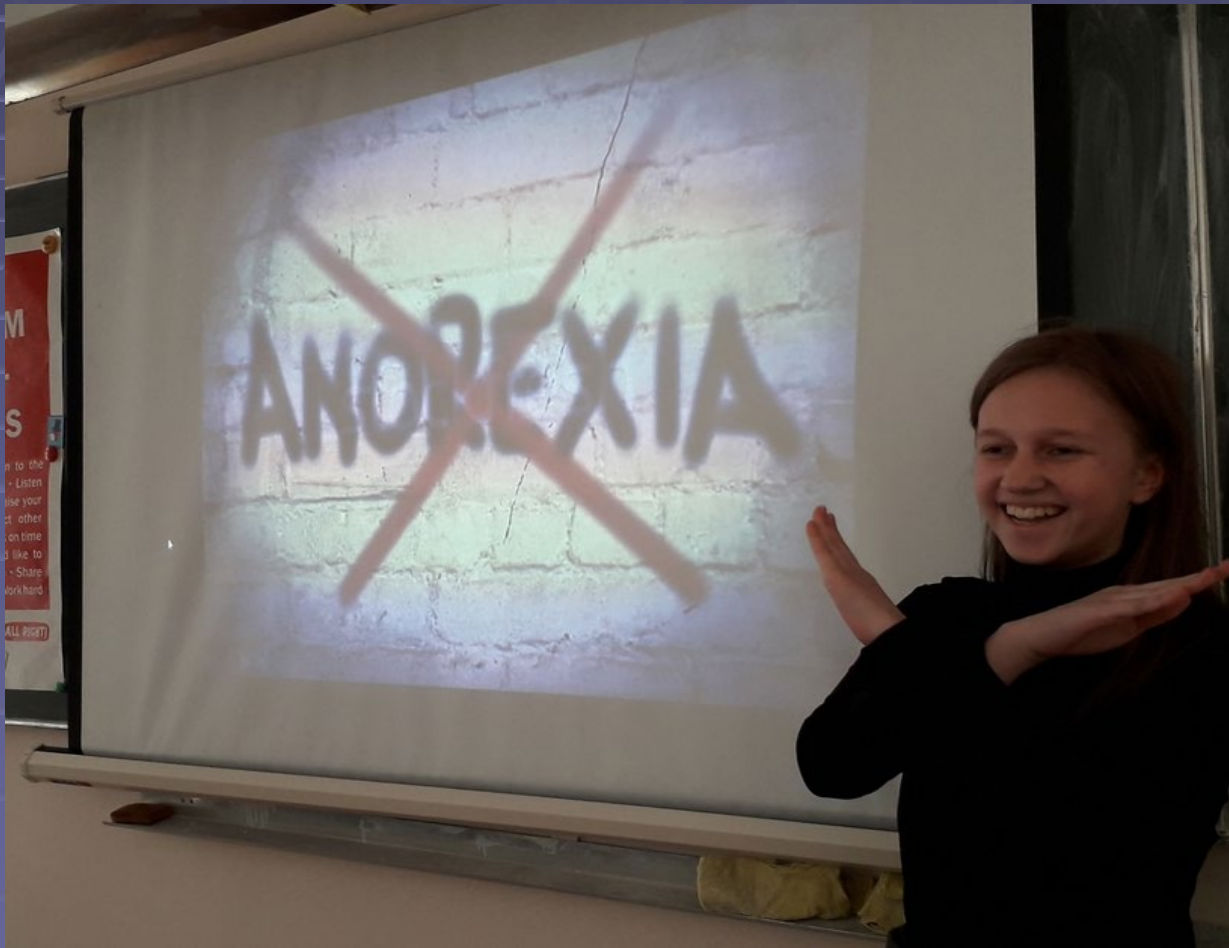
7%

4%

0%

7 class	8 class
81%	86%
61%	64%
23%	7%
4%	0%





- The conclusion of my survey is positive: the school children know about the problem but they are thinking correctly and ready to prove their point of view. I am personally very happy that in spite of the pressure coming from today's mass media and fashion industry our youth can fight for their opinion and understand the necessity of the healthy living



~~ANOREXIA~~

DESCRIPTION OF THE PROBLEM



hyvä päivä  
**KEEP CALM**  
AND  
**RESPECT**  
**PEERS**

Listen to the  
peers • Listen  
Raise your  
hand • Respect other

Thanks for attention